

Student Health Service

Launched in 1995, the Student Health Service catered for some 940 000 primary and secondary school students in 2000 through its 12 student health service centres (SHSC) and three special assessment centres (SAC).

The aim of the service is to promote and maintain the physical and psychological health of students to enable them to maximise their potential for education. Enrolled students will be given a free annual appointment to attend a SHSC. A comprehensive programme of promotive and preventive services is provided to cater for the health needs of the students at various stages of their development. Services include physical examination; screening for problems related to growth, nutrition, blood pressure, vision, hearing, spinal curvature, psychosocial health and sexual development; individual counselling and health education. Students found to have health problems are referred to SAC or appropriate specialist clinics for further management.

During the school year 1999/2000, a total of 1 446 primary and secondary schools and 712 615 students participated in the service, representing a participating rate of 99.2% and 75.6% respectively. Among students attending the service, the common health problems detected included visual abnormalities (e.g. myopia, hyperopia), growth problems (e.g. obesity, wasting, short stature), psychosocial health problems, idiopathic scoliosis and phimosis (Figure 24).

學生健康服務

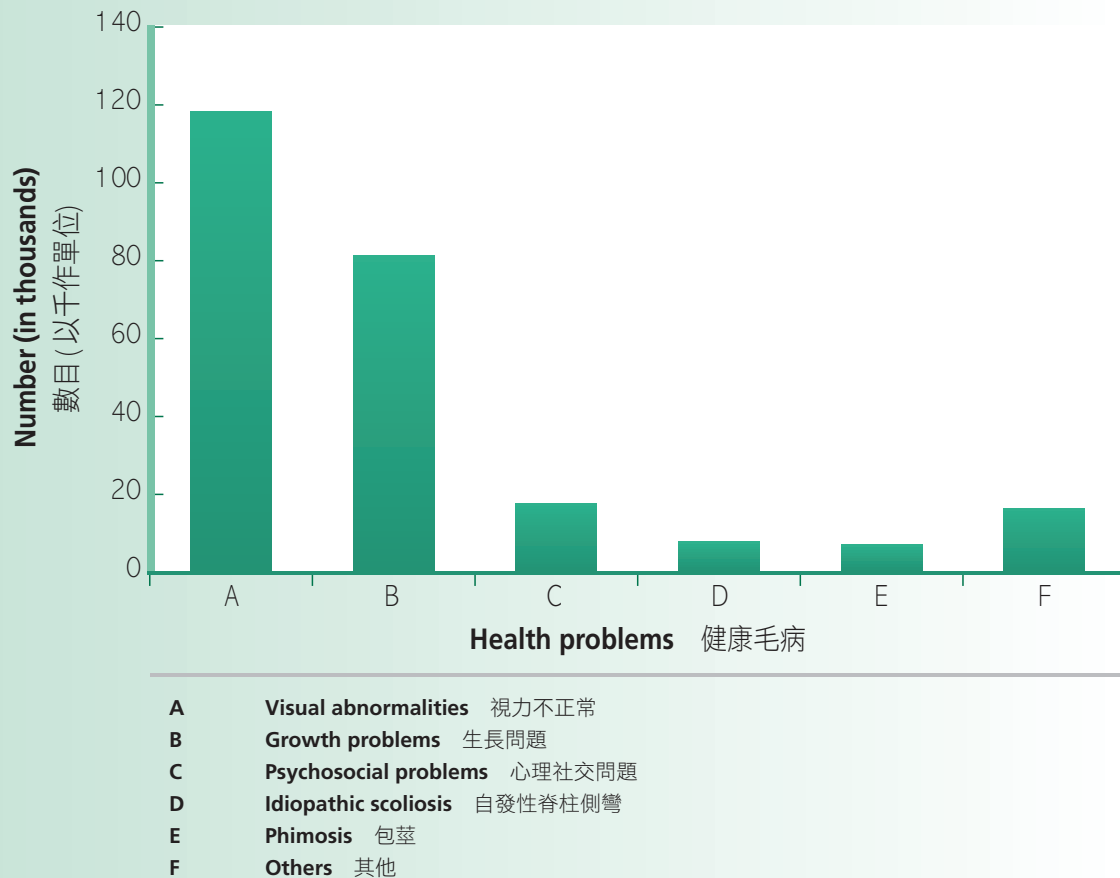
學生健康服務於一九九五年創辦，轄下的12間學生健康服務中心及三間健康評估中心目前為約940000名中、小學學生提供服務。

學生健康服務旨在促進及維持學童的身心健康，讓他們充分發揮學習潛能。經登記的學生每年可到學生健康服務中心接受免費檢驗。為應付學童在不同成長階段的健康需要，學生健康服務提供一套全面的促進健康及預防疾病計劃，其中包括體格檢驗及健康普查，以及早察覺與生長、營養、血壓、視覺、聽覺、脊柱弧度、心理社交健康及性發育有關的問題。同時亦會提供個別輔導及健康教育。健康有問題的學童會獲轉介至健康評估中心或專科診所作進一步治理。

在一九九九至二零零零學年，共有712615名來自1446間中、小學的學生參與計劃，學校和學生的參與率分別為99.2%及75.6%。接受服務的學生當中，常見的健康問題包括視力問題（如近視、遠視）、生長問題（如肥胖、過瘦、身材矮小）、心理社交問題、自發性脊柱側彎及包莖問題（圖24）。

Figure 24 Health Problems Detected at Student Health Service Centres in the School Year of 1999/2000

圖 24 一九九九 / 二零零零學年學生健康服務中心測試出的健康毛病



A pilot adolescent health team will be formed in 2001/02 school year to promote health in school. The service provided by the team will complement the centre-base programme to provide a comprehensive preventive service for students.

一隊為青少年服務的健康促進先導隊將會在二零零一至零二學年成立，主要任務是在學校中推行促進健康活動。健康促進隊亦會配合健康中心的活動，以提供全面的學生健康服務。